

# Agenda EuRegMe 2018 Let's #walkthetalk

From	Apr. 19	Apr. 20	Apr. 21	Apr. 22	Apr. 23	From
07:00		Morning Sports: the best start into your healthy day!				07:00
07:30		BREAKFAST - nomnomnom				07:30
09:00		Awesome Standing Committee Sessions			Departure	09:00
13:00		LUNCH - nomnomnom + NMO Hour			Bussi Baba from Austria! and see you in Montreal!	13:00
15:00	Arrival & Check in	Get some fresh air, drink water and do 10 burpees				15:00
15:30		Activities Fair	Theme Event: Sustainability & Healthy Lifestyle			15:30
17:00	DINNER	Get some fresh air, drink water and do 10 burpees				17:00
17:30		Training Session	Theme Event	Training Session		17:30
19:00		DINNER - nomnomnom				19:00
20:00	Opening Ceremony					20:00
20:30		Open Space	PLENARY 1	PLENARY 2		20:30
21:30	Social Programme	NFDP	Open Space	Closing Ceremony		21:30
22:30			Social Programme	Social Programme		22:30

get your beauty sleep